



SKIPPY SMITH MEMORIAL 5K

Date/Time: Saturday, April 1, 2023 - Registration 7:00 a.m. Race Start 8:00 a.m.

Start & Finish: Skippy Smith Track at the High School

Entry Fee: \$20 through March 30, 2023. \$25 beginning March 31, 2023 and Day of Race

Registration: Entries will be received by mail until March 31, 2023 at **Idabel High School 901 E Lincoln Rd, Idabel, OK 74745**. Pre-registration forms available at Idabel High School. On-site registration in front of the concession stand at the High School track.

Awards: Medals- Men and Women - 12 & under, 13-15, 16-19; and 10 year increments thereafter up to 70+ and over (places awarded in each group); Overall Male & Female Trophy

Awards Ceremony: Immediately Following Race

Entry Form and Waiver

Name _____ Age _____

Address _____ Phone _____

City _____ State _____ Zip _____

E-Mail _____

Male () Female () T-shirt Size: (Adult): S, M, L, XL, XXL (Circle one)

Waiver: I know that running a road race is a potentially hazardous activity. I will not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided, there will be a possibility of traffic on the course route. I assume the risk of running in traffic. I also assume any and all other risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, and the conditions of the roads, all such risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I am also **fully aware that I will not be eligible for any awards if I use; baby strollers, baby joggers, pushed wheelchairs and wheels of any kind (except competitive wheelchairs in a separate race, animals and headphones are also included in this list and I agree not to have animals on the course. Furthermore, I agree not to return to the course after finishing. I am fully aware that allowing someone else to wear my race number, switching race numbers or running under a false name is a fraudulent act and I agree not to do this.** Knowing these facts, and in consideration of your accepting me entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and unconditionally waive and release and discharge Idabel Main Street, Inc., USATF, Oklahoma, LDR, City and State Police Department, race officials, volunteers and any and all sponsors including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents authorized by them to use any photographs, video tapes, motion pictures, recordings or any other record of this event for any purpose. Applicants for minors will be accepted only with a parent or guardian's signature.

Participant _____ Parent/Guardian _____ Date _____
Signature

Please make check payable and return to: Idabel Cross Country and Track
Skippy Smith Memorial 5k
901 E Lincoln Rd, Idabel, OK 74745

Amount Received \$ _____ Date Received: _____ Cash _____ Check No. _____

For office use only - Run # _____ Visit www.insuredbyb.com for all of your insurance needs.